**English verbs of body movement**

**Eyes**

**wink** = when you close one eye quickly (often when you want to show you're saying something untrue or funny)  
"He winked at her and she knew that he was only joking."

**blink** = when you close both eyes quickly (often if the light is too bright)  
"He took off his glasses and blinked in the strong sunlight."

**Mouth**

**smile** = make your mouth wide to show friendliness or because you find something funny  
"She smiled at his joke."

**bite**(bite / bit / bitten) = use your teeth to break something  
"She bit into the apple."

**kiss** = put your lips together and push them out against someone else's skin / lips (as a sign of love or affection)  
"She kissed her aunt on her cheek."

**swallow** = make something (like food) go down your throat  
"Drink some water to help you swallow the aspirin."

**sip** = drink very small amounts at a time  
"He sipped his coffee as it was very hot."

**lick** = use your tongue (to eat something)  
"The cat licked its paws."

**blow** (blow / blew / blown) = make air come out of your mouth  
"She blew on her fingers to try to keep them warm."

**whistle** = put your lips together and make a tune as you blow out air  
"He always whistles when he's concentrating on something."

**hum** = sing (but without the words) with your mouth closed  
"He hummed a little song as he drove to work."

**Hands / Fingers**

**wave** = when you move your hand (or hands) in the air to attract attention or to say goodbye  
"I'm over here!" she cried, as she waved her hands in the air.

**stroke** = use long movements of your hand down someone's skin (or an animal's fur)  
"She stroked the cat as it sat on her lap."

**tickle** = lightly touch someone to make them laugh (because their skin is sensitive)  
"She tickled the baby's feet."

**pat** = touch someone or something lightly with your open hand  
"She patted the child gently on his arm and told him not to worry."

**slap** = use your open hand to hit someone or something  
"He slapped at the mosquitoes."

**punch** = use your closed hand (fist) to hit someone or something  
"When he won the match he punched his fist into the air in victory."

**rip** = tear something using both hands  
"He read the letter then ripped it up."

**scratch** = use your nails on something  
"He scratched the insect bite on his arm."

**grab** = take something quickly with your hand  
"There was only one sandwich left on the plate and she grabbed it before her brother could get it."

**Legs and feet**

**tap** = move your feet to the beat of music  
"He tapped his feet as he listened to the dance music."

**kick** = use your feet to make something move  
"The little boy kicked the stones at his feet."

**limp** = walk with difficulty because your leg or foot is injured  
"He fell off his bicycle and limped home."